



World Class Safety, LLC offers **Medic First Aid BasicPlus** **CPR, AED, and First Aid for Adults**

MEDIC FIRST AID® BasicPlus is a combined adult CPR, AED, and first aid training program designed specifically for the occupational first aid provider. This extremely flexible program will help employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work. This program conforms to the *2015 Guidelines Update for CPR and ECC* and the *2015 AHA and ARC Guidelines Update for First Aid*.

Class Topics

- First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Infectious Bloodborne Diseases
- Standard Precautions
- Personal Protective Equipment
- Legal Considerations
- Implied Consent
- Abandonment
- Good Samaritan Laws
- Emergency Medical Services
- Emergency Actions Plans
- Poison Help Line
- Emergency Moves
- Oxygen and the Human Body
- Sudden Cardiac Arrest
- Cardiopulmonary Resuscitation (CPR)
- Early Defibrillation
- Chain of Survival
- Secondary Cardiac Arrest
- Opioid Overdose
- Chest Compressions
- Rescue Breaths
- AED Operation
- AED Troubleshooting & Considerations
- Primary Assessment - Unresponsive Person
- Recovery Position
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- Choking
- Assessment
- Primary Assessment - Responsive Person
- Secondary Assessment*
- Sudden Injury
- Control of Bleeding
- Tourniquets
- Hemostatic Dressings
- Using a Tourniquet*

- Using a Hemostatic Dressing*
- Shock
- Internal Bleeding
- Amputation*
- Impaled Subject*
- Open Chest Injury*
- Open Abdominal Injury*
- Head, Neck, or Back Injury
- Spinal Injury
- Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Burns
- Nosebleed
- Injured Tooth
- Altered Mental Status
- Fainting
- Stroke
- Hypoglycemia
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- Pain, Pressure, or Discomfort in Chest
- Poisoning
- Severe Abdominal Pain*
- Heat Exhaustion
- Heat Stroke
- Hypothermia
- Frostbite
- Stinging Insects*
- Snakebites*
- Tick Bites*
- Marine Animal Stings*
- Animal and Human Bites*
- Emotional Considerations*

*Supplemental Topics

Classes are taught on-site, with a maximum of 12 participants per instructor, and take approximately 5 hours to complete. The AED (automated external defibrillator) portion of the course can be customized to fit your specific need. Completion cards are valid for up to 2 years.